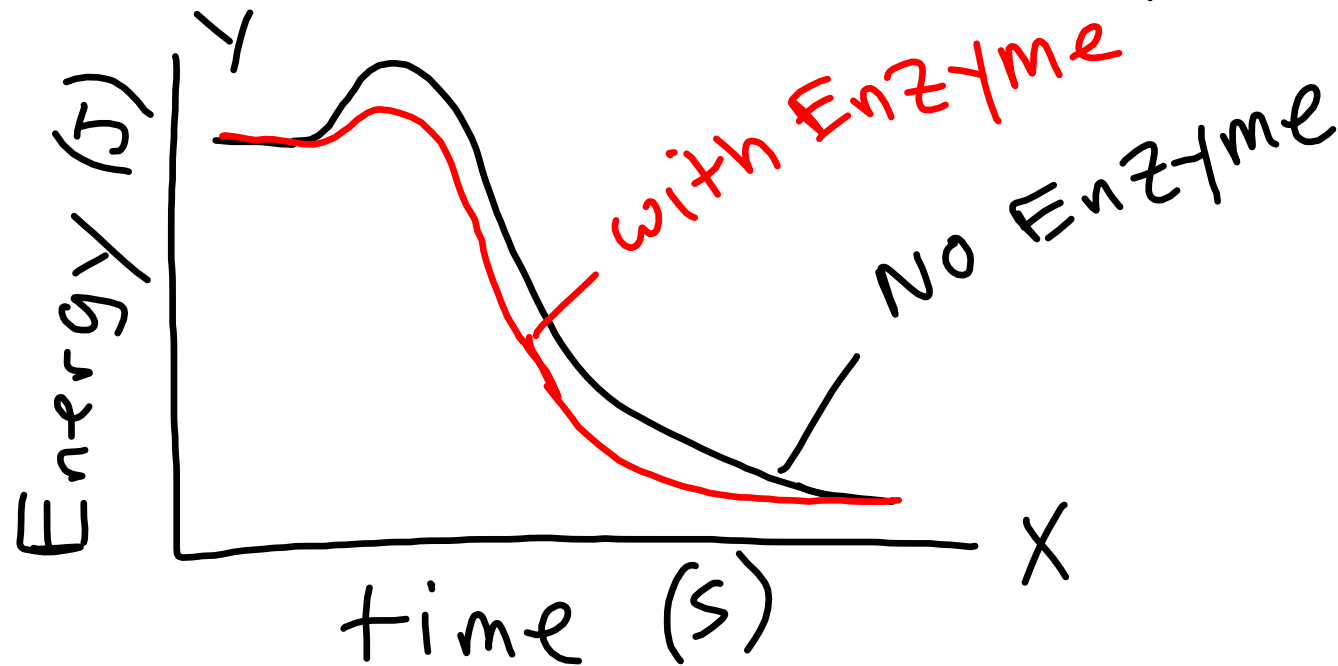


# Enzymes

① Building-up: takes  
Endothermic in energy

② Breaking-down:  
Exothermic releases energy

# Exothermic Reaction





# Nucleic Acids

ex: DNA + RNA